

Kinglake Ranges Neighbourhood House



2026
October to
December

ENROLMENTS

Enrolment is essential for all workshops, classes and sessions. You can enrol:

- Online: krnh.org
- Phone: **03 5786 1301**
- In person: **6 McMahons Road, Kinglake**
- Enquiries: admin@kinglakeranges.com.au
- Hours: **Monday - Thursday, 9.00am to 4.00pm**

VENUES

All courses and events are delivered from the Kinglake Ranges Neighbourhood House (the House), unless otherwise stated.

TERMS AND CONDITIONS

Fees must be paid in full when enrolling to ensure your place in the course.

Payments can be made:

- Online via our website at: krnh.org
- Cash/EFTPOS: **In person at the House**
- Min/max numbers apply to all sessions for them to proceed.
- Dates and pricing may change from the printed version. ***Please refer to our website for the latest and up-to-date information.***

REFUNDS

Refunds will be considered if:

- The course is cancelled by KRNH
- You cancel your enrolment in writing at least 5 working days prior to session or workshop commencement.

A 10% administration fee will be deducted from all refunds, excluding House cancellations.

Any cancellations 4 working days or less prior to session or workshop start date **will not be eligible** for a refund.

ROOM & EQUIPMENT HIRE

Training Room 1: Tables, chairs, projector and screen.

Training Room 2: Kitchenette, tables and chairs.

Lounge: Couches, computer hot desks, internet, projector and screen.

Meeting Rooms 1, 2 & 3: Desk and armchairs.

Kitchen: Large oven/stove & kitchen equipment.

Studio 1: Kiln, tables and chairs, pottery equipment, heater and sink.

Studio 2: High wooden worktables and sink.

Equipment: Sewing Machines and Easels.

Community and Business rates available per hour, for half day or full day.

As we welcome the warmer days and the beautiful arrival of spring, Ainsley and I would like to take a moment to say a huge heartfelt thank you to the Kinglake Ranges community for the wonderful welcome you have given us. 🧡

You have made us feel so welcomed and part of this incredible community, and we are truly grateful.

With spring in the air, it's the perfect time to get out and about, shake off those winter chills and reconnect with others. 🌿☀️

We have lots happening at the House this term, with opportunities to learn, create, connect, have fun and simply enjoy spending time with others.

Whether you're a familiar face or you're thinking about visiting us for the very first time, we can't wait to see you! There's always a warm welcome waiting at the House.

Here's to a wonderful spring filled with new connections, new experiences and plenty of community spirit. 💕💚

Please Note: xmas closure period 25 Dec - 7 Jan Re-open 11 January 2027

Family & Food Support



PEEP

PEEP is a fun and innovative early education program for parents and carers which is facilitated by a qualified Early Childhood Educator.

Build relationships and share ideas with other parents and carers in a supportive and friendly environment.

Dates: Wednesdays (School Terms)

Time: 10.30 - 12.30pm

Where: Puggles Place @ The House

For more information and to enrol contact the group facilitator.

Liz Klein: 0436 695 924

FOODSHARE IS OPEN



PLAYGROUP

Playgroup is facilitated by a qualified Early Childhood Educator and is suitable for children up to 5 years old.

Playgroup is free to attend but please bring a piece of fruit to share.

Day: Thursdays (School Terms)

Time: 9.30 - 11.30am

Where: Puggles Place @ The House

For more information and to enrol contact the group facilitator, **Liz Klein: 0436 695 924**



FOODSHARE

Foodshare provides emergency non-perishable food items and basic personal hygiene products, as well as some frozen meals and fresh veggies. Foodshare is for anyone having trouble putting food on the table

The House | 6 McMahons Rd | Kinglake

Every Monday

11.00am - 1.00pm

Every Wednesday

1.00 - 3.00pm

Basic Pantry staples are available from our foodshare table outside these times.

Arts & Crafts

Caroline Lewallen Pastel still life

Join us for a fun and creative Pastel Still Life class!

Pastel Still Life with Caroline Lewallen

Suitable for beginners and artists, Caroline will lead you through working with pastels, a medium she loves for its immediacy and intensity of colour.

Date: 15 November

Time: 10.00am - 4.00pm

Cost: \$90 or \$60 for members



Di Harris - Paint and Sip

Renowned for her stunning animal portraits, local artist Di Harris will lead you through a fun filled evening of painting her latest unique subject in acrylics.

There is no expectation of artistic experience. This evening is about having fun whilst creating in a welcome and inclusive atmosphere.

Date: Friday, 4 December

Time: 7.00pm

Cost: \$60.00 (\$40.00 members)

Materials provided.

BYO snacks and drinks



WATER COLOUR TECHNIQUE & LANDSCAPE

Working with various techniques and approaches Phillip will introduce you to the core of his artworks processes. Trained as an oil painter at the Victorian College of Arts, he has a very different take on the watercolour medium. A series of short, sharp exercises in the morning will lead into a finished painting in the afternoon. This workshop is greatly supported by Winsor & Newton watercolour.

Students will have free access to W&N watercolours within Phillips palette colour range.

Note: So students can bring their own brushes but a class sets of basic brushes and large palettes are available to use. You will be advised which watercolour paper is required for the day.

Bring your lunch, snack and drinks. Tea, coffee and milk is provided..

Date: Ssturday 24 October

Time: 10.00am - 4.00pm

Cost: \$90 or \$60 for members



ABookings through Kinglake Regional Arts:

kinglakeregionalarts@gmail.com

Enquires: Julie 0408 552 432

Arts & Crafts

OPEN ART SESSION

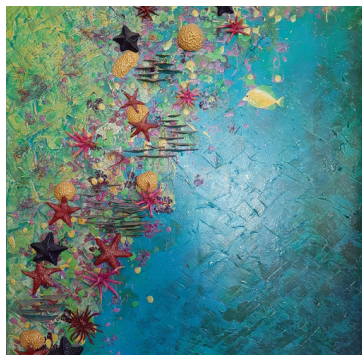
Open Art Sessions are for everyone, bring your own masterpiece or try your hand at optional session projects.

Bring your own project and work in the company of others. There will be lots of fun, chatter and inspiration. BYO Refreshments, Tea and Coffee provided. Gold coin donation.

Date: 18 october

Time: 1.00pm - 4.00pm

Cost: FREE



FIBRE FRIENDS

Fibre Friends meet the **second** and **fourth Tuesday** of each month at The House. Their main focus is knitting and crochet but they also explore spinning, weaving, felting and patchworking intermittently. *Both beginners and experienced crafters are welcome.*

Dates: Second & fourth Tuesdays

Time: 11.15am - 2.15pm

Cost: \$3.00 per session



Eco Printing

This workshop will allow participants to experience using natural materials such as leaves, flowers and other plant matter to transfer vibrant colors, intricate patterns and delicate textures onto silk which becomes a scarf and paper which can be used as cards

Date: Sunday 25 October

Time: 10.00am - 1.00pm

Cost: \$65



Makerspace Studio

LEADLIGHTING

Learn about design, glass cutting to finishing a work of art in eight informative sessions. Beginners, ongoing and experienced participants are all welcome.

No classes on public holidays

Dates: Mondays, 12 October - 30 November

Time: 10.00am - 12.00pm **OR** 7.00 - 9.00pm

Tuesdays 13 October - 8 December 7.00 - 9.00pm

Cost: \$120 (Beginners) Materials provided

\$95 (Advanced) BYO materials



CLAY CLUB

Join this fun and creative group for beginners through to more experienced. A tutor is available to guide you if needed.

Learn the basics through working on class projects, or work on your own ideas with guidance as required.

Dates: Tuesday Evenings,

6 October - 15 December

Times: 6.30 - 8.30pm

Cost: \$120.00 (clay & firing extra)

\$15.00 Casual session



POTTERY FIRING

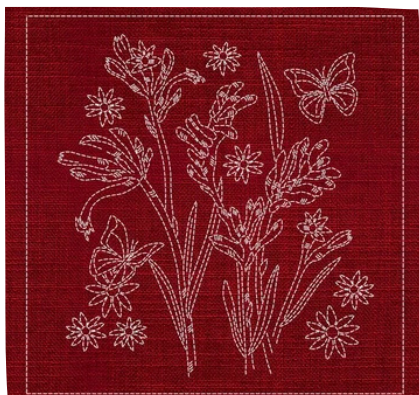
The House has a large electric pottery kiln to fire your pottery pieces. Experienced operators are available to assist you. Single items or full kiln loads.

Email the House for more
information

admin@kinglakeranges.com.au



Lifestyle & Living



SASHIKO QUILTING

Discover the beautiful Japanese art of Sashiko quilting in this relaxing and creative workshop. Learn traditional stitching techniques and create your own decorative textile piece using simple, repetitive patterns and beautiful designs. Perfect for beginners and experienced crafters alike, Sashiko is a wonderful way to slow down, get creative and enjoy the satisfaction of hand stitching. Come along, learn something new and take home a unique piece you've created yourself.

Date: Saturday's 14 & 28 November

Time: 10.00am - 1:00pm

Cost: \$45per session (All materials provided)

GROW YOUR GARDEN SKILLS!

Want to grow a healthier, more productive garden? Join our 6-week hands-on gardening course and learn practical skills from an experienced and qualified horticulturist.

From soil preparation and companion planting to seasonal planting, mulching, fertilisers, pests and diseases, you'll gain knowledge you can put straight into practice.

Date: Saturday's 3 October - 21 November

Time: 10.30am - 12.30pm

COST: \$20

WHEN:
Monday's
5 October -
16 November
7:00pm - 8:00pm

WHERE:
Kingslake West Hall

COST:
\$90

This 6 week course will have you *boot scootin'* in no time!

GROW YOUR Garden Skills

Learn. Grow. Thrive.

Join us for a practical and inspiring 6-week course designed to give you the knowledge and confidence to grow a healthy, productive garden all year round.

The course will be both hands-on in the community garden as well as in the classroom and you will be receiving an experienced and qualified horticulturist.

TOPICS INCLUDE:

- Soil Preparation and care
- Companion planting
- Seasonal planting
- Mulching
- Fertilisers
- Pests and diseases

WHEN: Saturday 3 October to 30 October and last class held 21 November

WHERE: Kingslake Ranges Neighbourhood House

COST: \$20 PP (subsidised)

LIMITED TO 10 PLACES

Book early to avoid missing out!

Absolute beginners class. No experience needed—just a friendly, relaxed group and it's the perfect way to get active, learn something new, and have a whole lot of fun! Whether you've never line danced before or you're looking to brush up on the basics, this friendly 6-week course will have you boot scootin' in no time!

Date: Monday's 5 October - 16 November

Time: 7.00pm - 8.00pm

Where: Kingslake West Hall

COST: \$90

WORKING FROM HOME

Supporting Home Based Business

Do you need a comfortable place to work, study, or connect?

Enjoy **FREE** Wi-Fi, comfortable desk space and a welcoming, heated environment where you can focus, relax or get things done

Plus, help yourself to complimentary tea and coffee while you're here.

Everyone is welcome – drop in, settle in, and make yourself at home.



NEIGHBOURHOOD HOUSE - FRIDAY GARDEN CREW

Our vibrant community garden needs some tender loving care.

We have a group great group who meet every Friday between 10am and 12pm during school terms at the House. Whether you're a seasoned green thumb or just curious about growing your own veggies, come along for a relaxing afternoon of planting, sharing knowledge and connecting with others.

Everyone's welcome—just bring your enthusiasm and maybe a sun hat and gardening gloves! Expressions of Interest welcome.



Lifestyle & Learning



TAI CHI

Tai Chi is an ancient Chinese "moving meditation" that combines slow, gentle, flowing movements with deep breathing and mindfulness to improve physical and mental health.

Tuesdays 10.00am -11.00am

Cost: \$150.00 or Concession rate \$100.00

BOAT LICENCE COURSE

This course provides you with the knowledge and awareness of navigation and safe boating skills. At the end of the course you will complete an exam for your Marine License (Boat License) and PWC Endorsement (Jet Ski).

You will then be issued with a certificate that you present to Vic Roads to get your license. This course is open to anyone over the age of 12.

Date: Saturday 21 November

Time: 9.00 - 1.00pm

Cost: \$150.00

A flyer for a Boat Licence Course. It features a photo of a white motorboat on the water. The text includes: "BOAT LICENCE COURSE", "Get your boat licence and enjoy our waterways safely and responsibly", "WHERE: Kinglake Ranges Neighbourhood House", "WHEN: 21 November", "TIME: 9:00am - 1:00pm", "COST: \$150", and a list of benefits: "Learn the rules of boating and safety", "Covers Victorian boating regulations", "Experienced instructors", and "Great for new and experienced boaters". At the bottom, it says "BOOK ONLINE krnh.org OR CALL 5786 1301".



MENS HEALTH

Allan will discuss prostate cancer and Mens health . what to look for and what treatments are available. With decades of medical experience, Allan will inform you about what to watch for and more importantly what to do if you have any symptoms or concerns. Ladies, encourage your men to come along or come along with them.

Date: Thursday, 26 November

Time: 7.00 - 8.30pm

Cost: FREE

Outdoor Connections

Kinglake Landcare works with the community for preservation, enhancement and appreciation of the local environment. The group is involved with roadside and creek rejuvenation work and can provide information and assistance for landholders. Everyone is welcome to attend the meetings. To see Landcare's upcoming events, projects and meeting dates, visit their website:

kinglakelandcare.org

Or contact John on: **0419 858 504**



WILDLIFE POUCH MAKING

Get creative and celebrate Australia's beautiful wildlife in this fun and hands-on sewing session! Create your own unique wildlife-inspired pouch while learning simple techniques and adding your own creative touches.

Perfect for beginners and experienced crafters alike, this is a relaxed opportunity to learn a new skill, enjoy some creative time and take home a practical and beautiful handmade pouch.

Date: Sunday, 8 November

Time: 10.00 - 3.00pm

Cost: FREE

OPEN DAY

Come along and celebrate our community at the Kinglake Ranges Neighbourhood House

Sunday 6 December, from 10am - 2pm for a fun, family-friendly day showcasing the wonderful groups, businesses, activities and connections that make our community special. Come along, meet local groups, discover what's happening at the House, and enjoy a great day of fun activities and community connection.



Everyone is welcome — we'd love to see you there!

Health & Wellbeing

MEDITATION



Bec Cassar has been working in the wellness industry for well over 20 years. Bec brings a warm, authentic and nurturing vibe to all the workshops she facilitates.

Bec loves to create a safe and welcoming space for both newbies and sage meditations.

Join Bec as she guides you through a full body relaxation and then a gentle guided meditation.

This course is for all abilities whether your trying meditation for the first time or a sage meditator

Date: Thursday 15 October - 5 November or
12 November - 3 December

Time: 10.00am -11.00am

Cost: \$60 per 4 week course

PILATES



Mat Pilates for 50+. A gentler, but effective class for bodies that have noticed they just don't work like they used to.

Date and Time:

Tuesdays 5.30pm- 6.30pm

Wednesday 6.30pm - 7.30pm (Beginners)

Cost: \$150.00 per term

Chair Pilates for Seniors. Exercise is not just for the young. Regain confidence as you improve your strength, mobility, range of movement and balance.

Date and Time: Fridays 11.00am - 12.00pm (over 70's)

Cost: \$120.00 per term

BE WELL IN THE RANGES

Well-being and mental health support for the Kinglake Ranges community and surrounding areas.

**FREE & CONFIDENTIAL NO REFERRAL
REQUIRED**

to access Psychologists and Counsellors.

Email: intake@kinglakeranges.com.au

Phone: 0493 364 484
(Monday - Wednesday)



Health & Wellbeing



A "Worried About Your Memory?"

This interactive information session provides an overview of:

Understanding the brain and how memory works.
Common memory changes and the difference between normal ageing and dementia. Factors that can affect memory. Looking after your brain and maintaining brain health. Practical tips to support memory. When to seek help. Where to access support and services.

Date: Thursday, 8 October

Time: 2.00 - 3.30pm

Cost: **FREE**

BUZZ of the BEE'S

There will be lots of activities happening and opportunities to learn about Bees. Pollination is so important for our plant development.

Without bees we would not have many of the foods we enjoy and which are essential to everyday living.

When: 1st Thursday of each month

Time: 7.30pm - 9pm



KRNH Membership

Join Kinglake Ranges Neighbourhood House and help us strengthen community connections and empower local change.

Membership is just \$5 per year, and if paid at least 30 days before our Annual General Meeting (AGM), you'll have full voting rights at the AGM.

As a member, you'll receive:

- Voting rights at the AGM
- Eligibility to join our Committee of Management
- Access to our Annual Report
- Invitations to community events and updates
- Priority notices on important local information

Ready to join?

Email us at admin@kinglakeranges.com.au to become a member today.

Kinglake Ranges Op Shop

Come and have a browse at the Op Shop

Our wonderfull Volunteers have some great bargains for you.

Drop in for:

- *Affordable second-hand/new treasures
- *Community connection

TUESDAYS - FRIDAYS

11.00am - 4.00pm

Saturday 11.00am - 3.00pm

1st & 3rd of the Month

**** THE OP SHOP NEEDS VOLUNTEERS ****

NO EXPERIENCE NECESSARY. FULL TRAINING PROVIDED.

Saturdays & Sundays, 11.00am - 4.00pm

Half shifts & casual shifts available.

KRNH are registered with Centrelink for Mutual Obligations.

Call Corrienne for more info or to volunteer!

Join The Op Shop as a volunteer and help our community thrive,
one pre-loved treasure at a time!



Follow us on Facebook

The Op Shop, 1 Glenburn Rd, Kinglake

Volunteers Needed

Food Share - Monday 11:00am - 1:00pm

**Op Shop Saturday & Sunday
11:00am - 4:00pm**

Community Garden - Fridays 1:00 - 3:00pm

If you have a couple of hours a month or a week to spare we would love to hear from you. Any support for these programs will help keep them running.

At Kinglake Ranges Neighbourhood House, volunteers are at the heart of everything we do. We value the time, skills, experience, and enthusiasm that volunteers bring to our community each day. Whether supporting programs, helping at events, welcoming visitors or sharing knowledge, our volunteers play a vital role in creating a connected, inclusive and supportive environment for everyone.

We believe volunteering is a two-way experience — an opportunity to contribute meaningfully while building friendships, confidence, skills and community connections. We are committed to providing a welcoming, respectful and rewarding environment where every volunteer feels appreciated and supported.

If you're looking to give back, meet new people and make a positive difference in the Kinglake Ranges community, we'd love to hear from you.

The Brew Crew



Social Afternoons 



SHARE A CUPPA
AND ENJOY A
CONVERSATION.



*Bring a friend
or meet new ones.*



THURSDAYS
2PM - 4PM



**AT KINGLAKE RANGES
NEIGHBOURHOOD
HOUSE**

*Good
company,
warm drinks,
great
conversations!*



*More than a course -
we're a community!*



KINGLAKE RANGES

NEIGHBOURHOOD
HOUSE INC.

Everyone welcome! 

