

ENROLMENTS

Enrolment is essential for all workshops, classes and sessions. You can enrol:

Online: krnh.org
Phone: 03 5786 1301
Mobile: 0482 847 764

In person: 6 McMahons Road, Kinglake
 Enquiries: admin@kinglakeranges.com.au
 Hours: Monday - Thursday, 9am to 4pm

VENUES

All courses and events are delivered from the Kinglake Ranges Neighbourhood House (The House), unless otherwise stated.

REFUNDS

Refunds will be given if:

- · The course is cancelled by KRNH
- You cancel your enrolment in writing at least 5 working days prior to session or workshop commencement.

A 10% administration fee will be deducted from all refunds, excluding House cancellations.

Any cancellations 4 working days or less prior to session or workshop start date will not be eligible for a full refund.

TERMS AND CONDITIONS

Fees must be paid in full when enrolling to ensure your place in the course.

Payments can be made:

- · Online via our website at: krnh.org
- Cash/EFTPOS: In person at the House
- Min/max numbers apply to all sessions for them to proceed.
- Dates and pricing may change from the printed version. Please refer to our website for the latest and up-to-date information.

ROOM & EQUIPMENT HIRE

Training Room 1: Tables, chairs, projector and screen.

Training Room 2: Kitchenette, tables and chairs. **Schoolroom:** Large meeting table, couches, computer hot desks, internet, projector and screen.

Meeting Rooms 1, 2 & 3: Desk and armchairs. **Kitchen:** Large oven/stove & kitchen equipment.

Studio 1: Kiln, pottery equipment and sink. **Studio 2:** High wooden worktables and sink.

Equipment: Sewing Machines and Easels.

Community and Business rates available per hour, for half day or full day.

Meet The House Team



LAURA CAINE Engagement Officer



HENDRIKA 100STE
Operations Coordinator



NAOMI READ
Administration Officer

Family & Food Support









PEEP

PEEP is a fun and innovative early education program for parents and carers which is facilitated by a qualified Early Childhood Educator.
Build relationships and share ideas with other parents and carers in a supportive and friendly environment.

Dates: Wednesdays (School Terms)

Time: 10.30am

Where: Puggles Place @ The House For more information and to enrol contact the group facilitator.

Liz Klein: 5772 0356



PLAYGROUP

Playgroup is facilitated by a qualified Early Childhood Educator and is suitable for children up to 5 years old.

Playgroup is free to attend but please bring a piece of fruit to share.

Dates: Mondays (School Terms) **Time:** 10.00am - 12.00pm

Thursdays (School Terms) **Time:** 9.30 - 11.30am

Where: Puggles Place @ The House For more information and to enrol contact the group facilitator, Liz Klein: 5772 0356



FOODSHARE

Foodshare provides emergency nonperishable food items and basic personal hygiene products, as well as some frozen meals and fresh veggies. Foodshare is for anyone having trouble putting food on the table or just need a helping hand.

The House | 6 McMahons Rd | Kinglake Every second Wednesday 1.00 - 3.00pm

You can contact The House if you need urgent assistance outside these times.

Arts & Crafts

PAINT & SIP

Join us for an evening of socialising and creativity. Paint this piece (with guidance and stencil if needed) to take home. You don't need any experience and all materials are provided. Bring your own nibbles and drinks to enjoy while you create!

Dates: Fridays, 15 August OR 21 November





CHRISTMAS WREATH

Celebrate the festive season by crafting your own unique Christmas wreath with amazing local artist, Gay Chatfield. Using an assortment of natural foliage, participants will adorn a grapevine base to create a beautiful, nature-inspired decoration perfect for the holidays.

> Date: Saturday, 6 December Time: 1.00 - 3.00pm Cost: \$50 (All materials provided)



Learn how to create a whimsical scene using unspun wool and felting needles to attach and blend the colours onto a woven piece of wool as the background. It can be framed and hung from a dowel. Take your creation home to display to family and friends.

> Date: Saturday, 16 August Time: 1.00 - 3.00pm Cost: \$50 (All materials included)



FIBRE FRIENDS

Fibre Friends meet the **second** and **fourth** Tuesday of each month at The House. Their main focus is knitting and crochet but they also explore spinning, weaving, felting and patchworking intermittently. Both beginners and experienced crafters are welcome.

Dates: Second & fourth Tuesdays Time: 10.00am - 1.00pm Cost: \$3.00 per session

Makerspace Studio

LEADLIGTING

Learn about design, glass cutting to finishing a work of art in eight informative sessions. Beginners, ongoing and experienced participants are all welcome.

No classes on public holidays

Dates T3: Mondays, 28 July - 15 September **T4:** Mondays, 13 October - 8 December

Time: 10.00am - 12.00pm OR 7.00 - 9.00pm
Cost: \$120 (Beginners) Materials provided
\$95 (Advanced) BYO materials



1927 to 1986

CLAY CLUB

Join this fun and creative group for beginners through to more experienced. A tutor is available to guide you if needed.

Learn the basics through working on class projects, or work on your own ideas with guidance as required.

Dates: Tuesday Evenings,

9 sessions per term

Times: 6.30 - 8.30pm

Cost: \$250.00 Semester 2

\$140.00 Term 3 only \$25.00 Casual session

POTTERY FIRING

The House has a large electric pottery kiln to fire your pottery pieces. Experienced operators are available to assist you.

Email the House for more information admin@kinglakeranges.com.au



Homestyle Living



HOMEMADE CLEANING SOLUTIONS

Learn how to make some of your own homemade cleaning solutions (without all the nasties). We will demonstrate how easy its to clean your home in a simple and cost-effective way. Take home a starter pack of multipurpose spray, glass cleaner, laundry powder and dishwashing tablets.

Thursday, 11 September OR 13 November
Time: 5.30 - 6.30pm
Cost: \$30 (Starter pack included)

GLUTEN FREE MUFFINS

Come and join in to make some delicious savoury (spinach, zucchini and goats feta) and sweet (almond and lemon) muffins! Using gluten free and mostly organic ingredients learn how to be prepared for any gluten free guests, or if you are trying to minimise the amount of wheat in your own diet. Please bring a container so you can take some muffins home to enjoy!

Date: Friday, 22 August Time: 6.30 - 8.30pm

Cost: \$60 (All materials provided)





CHEESEMAKING

In this hands-on workshop, you'll learn to make some of your favourites - camembert, feta, ricotta and halloumi - all from scratch. There will be enough cheese to take home and enjoy plus a delicious taste test at lunch.

Date: Saturday, 25 October Time: 11.00am - 3.00pm Cost: \$160 (All materials provided)

CHRISTMAS CAKE DECORATING

Come and learn how to decorate a fruit cake with Christmas icing and decorations. We will use fondant as well as royal icing to produce a talking piece for your Christmas table! Please bring a container to take your cake home with you to share and enjoy!

Date: Tuesday, 2 December Time: 10.00am - 12.30pm Cost: \$55 (All materials provided)



SPRING INTO ACTION

SPRING VEGETABLE GARDEN

Learn how to prepare your soil, choose the right plants, and plan a productive spring veggie garden—no matter the size. Local horticulturist, Kathleen Tants, will share practical tips and sustainable gardening advice.

Each participant will receive a free packet of seeds to kickstart their gardening journey!

Date: Saturday, 13 September Time: 11.00am - 12.30pm Cost: \$25



BUSHFIRE AWARENESS SESSION

Join the Kinglake CFA here at The House for a free information session focused on understanding the bushfire risks in our area, how to prepare your property, and stay safe during the fire season. A great opportunity to get practical advice and ask questions.

Date: Thursday, 9 October **Time:** 7.00 - 9.00pm



WINTER WARMERS

Wednesdays, 30 July - 3 September 12pm - 1pm



Join us on Wednesdays for a delicious homemade lunch for just a small donation!

Winter Warmers is supported by

BENDIGO BANK

and we are grateful for their ongoing support.





Skills Hub



Improve your job prospects, learn new skills, and connect with locals through our affordable short courses.

As a Learn Local provider, Kinglake Ranges Neighbourhood House delivers ACFE-funded, preaccredited training and programs across a wide range of topics.

ACFE funded places are for those wishing to upskill, try for a new career, return to study or volunteer, regardless of prior training or employment status. Contact us to find out if you are eligible.

HORTICULTURE ADVANCED

By popular demand this 10-week course has been designed to carry gardening enthusiasts forward from Intro to Horticulture or continuing education to further their knowledge and passion for gardening. Join local horticulturist Kathleen Tants as she shares her vast knowledge with you.

Dates: Fridays, 22 August - 7 November **Time:** 10.00am - 1.00pm

Cost: \$70 for 10 sessions



ONLINE MICRO BUSINESS

This 7-session online course offers a stepby-step guide to help you grow and manage your business—no matter the size. By the end, you'll gain the skills and confidence to navigate a wide range of online tools and solutions with ease.

Dates: Wednesdays, 8 October - 19 November

Time: 7.00 - 9.00pm **Cost:** \$70 for 7 sessions



DIGITAL SKILLS FOR EVERYONE

Digital Essential Level 1 is designed to help learners understand the basics of technology, including different digital devices, their functionality and the ways people can use them to connect with others and access services over the Internet. *No sessions on long weekend.*

Dates: Saturdays, 11 October - 22 November

Time: 10.00am - 1.00pm Cost: Free

Lifestyle & Learning

BOAT LICENSE COURSE Including Jet Ski License for ages 16+

This course provides you with the knowledge and awareness of navigation and safe boating skills. This course is open to anyone over 12 years of age.

Dates: Saturdays, 30 August and 22 November

Time: 9.00am – 1.00pm

Cost: \$180 Boat and PWC. \$80 PWC only.





COMMUNITY HAIRCUTS

Bringing professional hairdressing services to those facing financial hardships or health issues. Contact The House to make an appointment with our friendly local hairdresser.

This is a FREE and confidential service.

PROVIDE CPR - HLTAID 009

This course teaches the skills and knowledge required to perform CPR in line with the ACR Guidelines.

T3: Saturday, 9 August
T4: Saturdays, 11 October and
29 November

Time: 9.30 - 10.30am **Cost:** \$75 (CPR only)





PROVIDE FIRST AID - HLTAID 011

This course addresses the skills and knowledge required to provide first aid response to a casualty. The majority of this course is online prior to the day with a brief practical component at the House.

T3: Saturday, 9 August **T4:** Saturdays, 11 October and 29 November

Time: 9.30am - 12.00pm **Cost:** \$150 Full Level 2 (incl. CPR)

Outdoor Connections

Kinglake Landcare works with the community for preservation, enhancement and appreciation of the local environment. The group is involved with roadside and creek rejuvenation work and can provide information and assistance for landholders. Everyone is welcome to attend the meetings. To see Landcare's upcoming events, projects and meeting dates, visit their website:

kinglakelandcare.org
Or contact John on: 0419 858 504





HELPING OUR NATIVE WILDLIFE

Ever spotted a wounded wallaby or a bird in distress and not known what to do? Now's your chance to learn how to lend a hand! Join local wildlife rescuer and Park Ranger, Kim Hunter, for an engaging session on how to safely assist injured native animals. Learn what to do, who to call and what to keep in a simple wildlife kit.

Date: Saturday, 18 October Time: 10.00 - 11.00am

Cost: \$5 donation to support local wildlife

NEIGHBOURHOOD HOUSE - FRIDAY GARDEN CREW

Our vibrant community garden group meets every **Friday** between **1pm and 3pm** during school terms at The House. Whether you're a seasoned green thumb or just curious about growing your own veggies, come along for a relaxing afternoon of planting, sharing knowledge, and connecting with others.

Everyone's welcome—just bring your enthusiasm, and maybe a sunhat and gardening gloves!





MAKE YOUR OWN NATURAL PERFUME

Learn about making your own perfume scent using perfumers blending skills such as Top, Middle & Base notes to create a natural perfume using essential oils. We will make a roller perfume in clear bottles, with a choice of either crystals or florals in your roller bottle.

Date: Friday, 29 August **Time:** 9.30 - 11.00am **Cost:** \$25

INFANT BABY MASSAGE

For babies 6 months and under, who are not yet rolling consistently. Join this gentle bonding experience for parents and babies. It provides many health and relaxation benefits to baby and parent, and it provides an opportunity for positive interactions to promote parent/baby secure relationships.

No sessions on long weekend

Dates: Mondays, 13 October - 24 November
Time: 11.30am - 12.30pm Cost: \$120 for 6 sessions





MEDITATION & SOUND BATH

Relax, release and deeply heal with the powerful methods and techniques of meditation and sound healing with gorgeous crystal bowls. Jill and Jess bring the most beautiful vibrations to allow an in depth experience through your mind, body and soul.

Dates: Saturdays, 2 and 30 August **Time:** 12.00 - 1.30pm **Cost:** \$70 per session

BE WELL IN THE RANGES

Well-being and mental health support for the Kinglake Ranges community and surrounding areas.

FREE & CONFIDENTIAL NO REFERRAL REQUIRED to access Psychologists and Counsellors.

Email: intake@kinglakeranges.com.au

Phone: 0493 364 484 (Mondays & Tuesdays)





Come and have a look at The Nook

Our newly refurbished space is a combined outlet offering quality pre-loved and new goods and an office for the Neighbourhood House team. A fresh take on our former Op Shop—now a welcoming hub for everyone.

Drop in for:

*Affordable second-hand/new treasures

*Community connection

*Support from House staff on select days and times

Pop-Up Cate @ The Nook OPEN MONDAY'S 9.30 - 11.30am

Fresh Coffee * Assorted Teas * Sweet Treats!

** THE NOOK NEEDS VOLUNTEERS ** NO EXPERIENCE NECESSARY, FULL TRAINING PROVIDED.

NO EXPERIENCE NECESSARY. FULL IRAINING PROVIDED.

Fridays, Saturdays & Sundays, 11.00am - 4.00pm Half shifts & casual shifts available.

Join The Nook as a volunteer and help our community thrive, one pre-loved treasure at a time!



Follow us on Facebook

The Nook, 1 Glenburn Rd, Kinglake